

EAST SIDE SOCCER RULES FOR 6/7/8 DIVISIONS

FIFA rules will apply at all times unless subject to East Side Soccer modification.

THE FIELD

- A. The field of play should conform to FIFA standards if possible. Corners should be marked with cones or flags. If the field is not lined, sidelines and end lines should be marked with cones.

THE BALL

- A. Size 5 ball.

NUMBER OF PLAYERS

- A. The maximum number of players on the field at one time is 11, including goalie. Number of players may be reduced from 11 if teams are short players.
- B. If one team has a full roster of players and the opposing team does not, the team with the full roster may play up, but may not exceed the other team by more than two players.
- C. Substitutions (sub at midfield on OK of ref):
 1. Prior to throw-ins, in your favor.
 2. Prior to a goal kick, by either team.
 3. After a goal, by either team.
 4. After an injury, by either team, when referee stops play.
 5. At half-time.
- D. Players should play an equal amount of time.

EQUIPMENT

- A. **Shin guards are mandatory.**
- B. Soft cleats or other appropriate shoe.

REFEREES

- A. There will be 2 East Side Soccer referees per game if available. If only 1 ref is available, coaches or parents may be asked to serve as linesmen.
- B. Coaches are not allowed on the field during play.
- C. Coaches must be on the same side of the field and are restricted to their half of the field.
- D. All rules infractions should be briefly explained to the offending player.
- E. Any verbal abuse of refs by coaches or parents will be reported by the ref to the referee coordinator, who will then report the incident to the division coordinator and the board.

LINESMEN

- A. If possible, the field will be lined. If not lined, coaches should set up cones and/or flags for sidelines and end lines.
- B. Referees will serve as linesmen. If only one ref is available, a coach or parent may be asked to be linesman.

DURATION OF GAME

- A. The game should be divided into two 30-minute halves.
- B. There shall be a half-time break of 5 minutes.
- C. Refreshments should be served only after the game has ended.
- D. **All games must start within 5 minutes of game time. Referees will be allowed to start the clock whether teams are ready to play or not.**

START OF PLAY

- A. Conform to FIFA rules.

BALL IN AND OUT OF PLAY

- A. Conform to FIFA rules.

METHOD OF SCORING

- A. Conform to FIFA rules.

OFF-SIDE

- A. Conform to FIFA rules.

FOULS AND MISCONDUCTS

- A. Sliding tackles are not allowed.
- B. Shoulder to shoulder bumping is legal.
- C. Overly aggressive play, cursing, threatening, hitting & intentional fouls will be strictly dealt with. Yellow or red cards will be given.
- D. Cards may be given without warning if warranted.
- E. Red carded player must sit out the rest of the game and the team must play down until the half or end of game, whichever comes first. At the half, the team may substitute another player.
- F. **Red carded player may not play in next game, to be enforced by coaches.**
- G. **Red cards must be reported by coaches to the division coordinator and by refs to the referee coordinator.**

FREE KICKS

- A. Conform to FIFA rules.

PENALTY KICKS

- A. Conform to FIFA rules.

THROW-INS

- A. Conform to FIFA rules.

GOAL KICK

- A. Conform to FIFA rules.

CORNER KICKS

- A. Conform to FIFA rules.

When there is a question about an injured player's readiness to return to the game, the coach will make the final decision.

Any rules disagreement between coaches and/or referees will be resolved by the division coordinator.

OPPOSING PLAYERS AND COACHES MUST SHAKE HANDS AFTER THE GAME.

Practices

The 6/7/8 division will hold one practice per week, to be scheduled by the coaches. It is the league's recommendation and expectation that **two** adults be present at all practices. The adults may include the team coach, assistant coach, team parent, or other parents.

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